

Red Hat Chiropractic Dr. Louise Cash, DC, CAC

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What Is It I Do?

Gentle Chiropractic & Cold-Laser Therapy for People & Animals

I write this to help you to understand the work that I do and the benefit you a/o your animals may receive from this health-enhancing model of chiropractic care.

ADJUSTMENTS

The body has within it an Innate Intelligence, aka Life Force, chi, or subtle energy spiraling through it enabling the body to heal itself. This Life Force brings flexibility to body tissues (bone, muscle and soft connective tissue), a strong immune system, and keeps all our systems—digestive, reproductive, endocrine, nerve, etc.—in strong working order. That is, IF the body is free of nerve interference, subluxations (misalignments) and contractions of tissues, it is FREE to be full of **health, vitality and ease**.

Life is a series of experiences. Every experience enters your body as energy information. These experiences are as varied as taking a bite of food, speaking, listening to music, and thinking, jogging, and answering the phone. Your body needs to integrate ALL energy information that comes from experiences. Energy information that does not get integrated into your body gets STUCK in your tissues as POTENTIAL ENERGY; stuck in your joints, your muscles and your soft connective tissue. You may feel it as contracted muscles, pinched nerves, neck or back pain, indigestion, constipation, shortness of breath, headaches and numerous aches and pains.

In adjusting your spine, I release this potential energy from lying dormant in your tissues. The adjustments are of varied types. They may be a gentle pressure of my finger, a click of the Integrator instrument, or a structural movement of your joints, commonly referred to as a “pop”. What I use depends upon what tissue is subluxated and how deeply this potential energy is stuck in your system.

When it’s released, you may feel a sense of well-being, an expansion of your body, a relaxation of your mind and your breath returning to its wonderful fullness and ease. I take into account when adjusting you exactly where the subluxation is located, whether it’s in the joint, fascia, or muscle. In my clinical experience I have found this type of adjusting goes deeper into the body, releasing tissue memory of many kinds.

I follow the sacred geometry of your body, following the 6 geometric triangles up your back and head and 6 down the front of your body. These triangles connect deep within your body and give you dimension, depth and expansion of your body and self. In my extensive training, I am able to help your body make connection with itself and you expand into the person you are meant to be. This wonderful person of physical wellness, mental/emotional stability, who is flexible among all the stressors you encounter day to day.

LASER

The LASER (acronym for Light Amplification by Stimulated Emission of Radiation) has been around for about 30 years. Scientists such as Bose and Einstein predicted SASER in 1924 and contemporary physicists Schawlow and Townes brought LASER into the modern age. I have been using a therapeutic laser since 2002 with profound results. This is a true LASER whose light is directed into an intense beam of coherent light, generated at a precise and stable frequency, and in a focused direction.

Here are some examples of biological effects which occur with this LASER:

- DNA replication is optimized
- Oxygenation and phagocytosis activity are optimized

- Regeneration of damaged nerve tissue
- Cellular bio-modulation occurs.

This laser is a Low-Level laser. The important thing to remember is that it will not burn or damage tissue. It stimulates cells without exceeding the cell or tissue's ability to function properly. Treatment times will vary dependant on the severity of the injury. Some examples of treatment:

- ❖ Pain and Range of Motion
- ❖ Restoring Neurological Function
- ❖ Myofacial release and Muscle Lengthening
- ❖ Applied Kinesiology
- ❖ Balance; Dizziness
- ❖ Cranial Nerve Disturbances: swallowing, jaw, major senses
- ❖ Digestion; Elimination
- ❖ Muscle Strength
- ❖ Fatigue
- ❖ Mental/Emotional Release from Physical body

Coherent energy is critical when treating the body. Energy Medicine, The Scientific Basis, by James L. Oschman, gives several examples as to the importance of coherence. The living matrix produces coherent or laser-like oscillations. Of course, energy therapists of many schools have always recognized the importance of vibratory phenomena (including light) in healing, but academic molecular science was focused on other matters.

Dr. Herbert Frolich's research goes on to report that coherent vibrations recognize no boundaries, at the surface of a molecule, cell or organism—they are collective or cooperative properties of the entire being. As such they are likely to serve as signals that integrate processes such as growth, injury repair, defense and the functioning of the organism as a whole. Each molecule, cell, tissue and organ has an ideal resonance frequency that coordinates its activities. By manipulating and balancing the vibratory circuits, complementary therapists are able to directly influence the body's systemic defense and repair mechanisms.

The whole field of chemical analysis by spectroscopy shows that there is a fundamental duality between chemical structure and coherent oscillations. Coherent vibrations in living systems are as fundamental as chemical bonds (Smith 1994).

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